

HEAD COACH

DAVID LOMBARDO

Lombardo has led his team to the NCAA tournament 12 times in his career, including 11 times as the coach of the Dukes.



JMU Record

27 YEARS

322-207-35

4 His JMU teams have won CAA TOURNAMENT TITLES

Women's soccer head coach David Lombardo notched his 400th victory in a competitive 3-2 double overtime win against Virginia Commonwealth University last Friday at Sentara Park. He led the Dukes for 27 years, winning four CAA Titles.

400 Strong

Coach David Lombardo becomes one of seven Division I head coaches to win 400 career games

By T.J. GOUTERMAN
contributing writer

The stadium opens. The fans flood the bleachers. The players are the ones who seize the limelight, front and center on the field. Each spectacle shown displays the student athletes playing as if it's their last day alive. However, it's the sidelines, the coaches and crew, that also deserve recognition for building their team to greatness.

On September 16, JMU women's soccer coach Dave Lombardo tackled a massive feat, earning his 400th career win against Virginia Commonwealth University in overtime. This honor places him 13th in all-time career wins for Division I of the National

Collegiate Athletic Association. Starting his career humbly at Keene State College, it was a 1990 offer to kick off a new program that placed him at JMU.

"You want to have these milestones; you're excited about those opportunities, but you don't think about them before the game," Lombardo said. "The important part is to win the game. It was certainly in exciting fashion to win it in overtime."

Lombardo has emphasized that the number of games one wins throughout the season doesn't matter. It's crucial to focus on each week, treating each game as their own and pursuing winning day-by-day.

"You don't set out to do that," Lombardo said. "I've been fortunate enough that I've been able to make a career out of two

schools that I've been at. I've had good teams and good players. You don't win games without good teams so I've been very lucky to have that aspect of my career."

The team is ecstatic to have been present for Lombardo's milestone. He always encourages his players to utilize their skills.

"He always talks about how he's blue-collar and I think that's a really big part of our team," senior midfielder Allison Bortell said. "We may not always have the most technical players, but we're always going to work the hardest and we're never going to let go."

Growing from multiple decades of experience, Lombardo works with players as a cooperator to keep them striving for improvement.

see **WOMEN'S SOCCER**, page 10

Road work ahead

Project intended to improve future traffic conditions causes current delays



Reservoir St. construction is expected to be completed by December 2017.

By JESSICA NEWMAN
The Breeze

Students have been running 10-20 minutes late to class, and it's not because they overslept. Construction on Reservoir St. has resulted in long lanes of traffic, particularly on the intersections of University Blvd. and Neff Ave.

Construction began last March and extends all the way from the intersection at University Blvd. to the east city limits. The project, which is anticipated to be completed in December 2017, will widen the existing two-lane roadway into a four-lane roadway with a center median and turning lanes. There will also be a bike lane and sidewalk added to each side of the road.

Lauren Drake, a resident of Sunchase Apartments, said the construction has affected her daily schedule.

"The construction is so bad because they're doing it when people are coming home from class or work," Drake said. "They're blocking entrance to neighborhoods and for the people who live on Neff Ave.; it's really the biggest inconvenience."

The city began a study of the road in 2006 because Reservoir St. was already a crowded road to begin with. Reservoir St. connects Rockingham County to the southern end of the city. The street is also located in a rapidly growing area and serves as the primary route to Sentara RMH. The construction aspect of the improvement project started last spring.

Partial lane closures and overall traffic patterns are constantly shifting throughout the duration of the project, affecting traffic going north and south. Kim Cameron, a department of public works engineer, said they always try to keep at least two lanes open during construction.

"It's a very congested area," Cameron said. "The most impact it will have is when they have two lanes shut down. They try to maintain two-way traffic at all times but there will occasionally be flaggers if they only have one lane open."

see **TRAFFIC**, page 3



Students in SVA encourage other veterans to use the GI bill to attend college.

Out of uniform

Veterans at JMU discuss their civilian lives in college

By EMMA KORYNTA
The Breeze

In the field, it doesn't matter if you like somebody's attitude or not. When there's a gun firing straight in your direction, you don't care if you're best friends with the person next to you. You just want them to fire back in your defense.

Junior history major 24 year-old Dexter Green has been in the Army since 2011, and is the treasurer of JMU's Student Veteran's Association. During his time in the Army, he's learned it's vital to find common ground with everyone he works with.

"You can see somebody for 16 hours a week, two eight hour days and [they'll] be closer to you than the people you see every day," Green said. "That's the best part about the Army."

SVA has been in place at JMU for four years, and just celebrated one year of having a formal office. SVA gives student veterans a place and group to be with those who've had similar experiences.

see **VETERAN**, page 7

Visit us during Madison Union Open House and you could win up to \$500 in JMU Swag!
Wednesday, Sept. 28 • 11am–2pm • Free food, fun, & giveaways
Hit a home run and a chance to win up to \$75 cash when you refer family and friends to bank with us.



cofcu.org/madisonunion

All Virginia, Maryland, and D.C. residents can bank with us. Membership eligibility required. Federally Insured by NCUA. Equal Opportunity Lender.



Thursday, September 22

- The Civic Arena: Media in the Ring @ Rose Library third floor flex space, 6:30-8 p.m.
- Study Abroad Fair @ Festival Grand Ballroom, 11 a.m. to 3 p.m.
- Harmonic Laboratory @ Duke Hall Gallery, 10 a.m. to 5 p.m.

Friday, September 23

- Carrier Library Grand Re-opening @ Fountain outside Carrier Library, 10 a.m. to noon
- A Modern Point of View: Exploring Early 20th Century Painting @ Lisanby Museum, 10 a.m. to 4 p.m.
- Salsaburg Club @ The Artful Dodger Coffeehouse & Cocktail Lounge, 9 p.m. to 2 a.m.

Saturday, September 24

- The Havana Cuba All-Stars: The Asere Friendship Tour (Asere: The Cuban Word for Friendship) Cuban Nights @ Forbes Concert Hall, 8 p.m.
- Annual Harrisonburg International Festival @ Hillandale Park, noon to 6 p.m.
- Harrisonburg Farmers Market @ Turner Pavilion, 8 a.m. to 1 p.m.

Sunday, September 25

- Wanchi, violin @ Forbes Recital Hall, 2 p.m.
- Lori Piitz, piano @ Forbes Recital Hall, 2 p.m.
- Trivia Night @ Wolfe Street Brewing Co., 6-8 p.m.

Monday, September 26

- Career & Internship Fair @ JMU Festival Ballroom, 11 a.m. to 3 p.m.
- Karaoke Night @ Dave's Taverna, 9-11 p.m.
- Graphic Notation in the 20th Century @ Institute for Visual Studies, 9 a.m. to 4 p.m.

Tuesday, September 27

- City Council meeting @ 409 South Main Street, 7 p.m.
- Steal the Glass @ Brickhouse Tavern, 6 p.m. to midnight
- Trivia Night @ Dave's Taverna, 7:30-9 p.m.

Wednesday, September 28

- Ruby's Open Mic Night @ Ruby's, 9 p.m. to midnight
- Open Mic Comedy Night @ The Artful Dodger Coffeehouse & Cocktail Lounge, 9-11 p.m.
- The Latino Film Festival @ Court Square Theater, 7-9 p.m.

Event Calendar

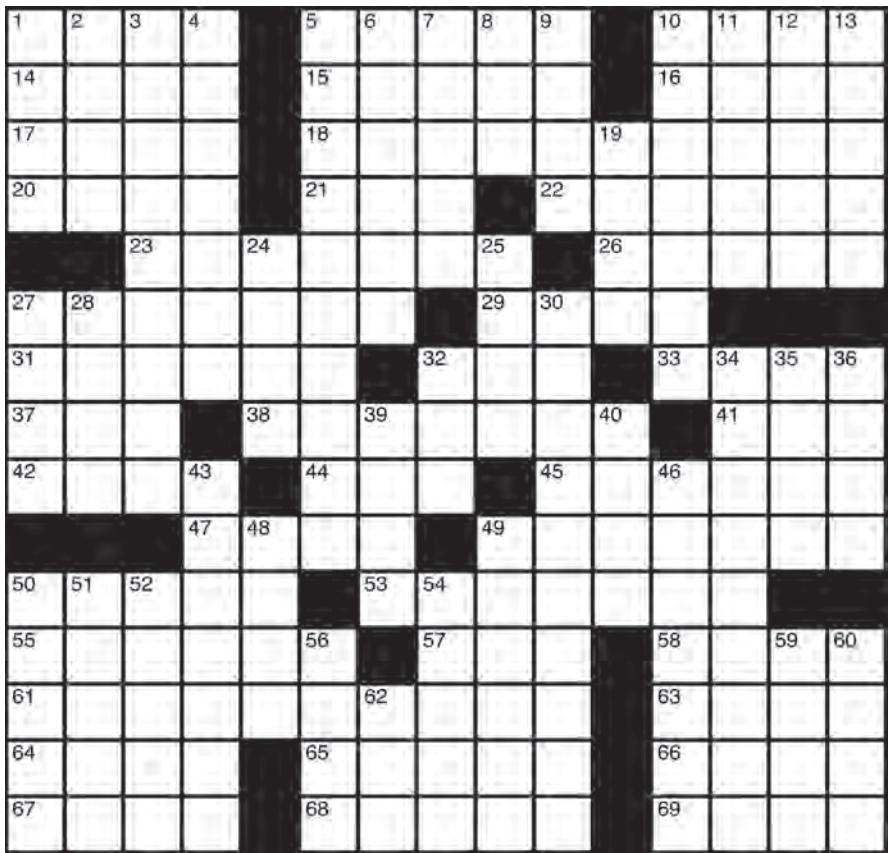
#hburgintlfest

“Peace is not something you wish for, it’s something you make”
-John Lennon



Sat. Sept. 24

CHELSEA CROUCH / THE BREEZE



Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Lewis

- Across
- 1 It's often a stretch
 - 5 Grim, as a landscape
 - 10 Debit card choice
 - 14 Superstar
 - 15 Command
 - 16 Troublesome tykes
 - 17 Bad-blood situation
 - 18 One out for blood
 - 20 Some browns
 - 21 Number in an outline, perhaps
 - 22 Put in stitches
 - 23 Variety show array
 - 26 Disdainful look
 - 27 Holes in sneakers
 - 29 Cruising
 - 31 Slender-stemmed palm
 - 32 Where to see a wake
 - 33 Botch
 - 37 Lease alternative
 - 38 Babies, or what some babies wear
 - 41 Historic beginning?
 - 42 Kentucky Fried side
 - 44 Brewery fixture
 - 45 In-groups
 - 47 Irish New Age singer
 - 49 Runs aground
 - 50 Striped quartz
 - 53 Pork-filled pastry, e.g.
 - 55 Ruined in the kitchen
 - 57 Brooke Baldwin's network
 - 58 Auto parts giant
 - 61 Pearl Harbor battleship

- 63 Third-generation Genesis name
 - 64 Remote button with a square
 - 65 Capital on the Willamette
 - 66 Pedometer measure
 - 67 Many millennia
 - 68 Sky scraper?
 - 69 Stage layouts
- Down
- 1 Garage contraption
 - 2 What a light bulb may mean
 - 3 Europe's highest active volcano
 - 4 Veteran seafarer
 - 5 Cold War Baltic patrollers
 - 6 Coaches
 - 7 Acknowledge
 - 8 Account exec
 - 9 Angel who replaced Jill, in '70s TV
 - 10 "The Deer Hunter" setting
 - 11 Saturate (with)
 - 12 Let off the hook
 - 13 Late bloomer?
 - 19 Bit of subterfuge
 - 24 Entrecat, e.g.
 - 25 Call at home
 - 27 Lover of Psyche
 - 28 Ketch kin
 - 30 Green sign information, traditionally
 - 32 Suitable
 - 34 Raise stakes in a game ... and a hint to a hidden feature of five Down puzzle answers
 - 35 Like many apps
 - 36 Cop to the crime, with "up"

- 39 Address with an apostrophe
- 40 Smack
- 43 Wings eaters' needs
- 46 Aloof demeanor
- 48 "In thy dreams!"
- 49 Hung sign
- 50 Treat badly
- 51 Zest
- 52 Illegal firing
- 54 USDA inspector's concern
- 56 Ph.D. hurdle
- 59 Well-versed artist?
- 60 Deadly slitherers
- 62 Fast-forward through

By Jeff Stillman

9/22/16

Find the answers online at: breezejmu.org/site/crossword_answers

The Breeze

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MISSION

The Breeze, the student-run newspaper of James Madison University, serves student, faculty and staff readership by reporting news involving the campus and local community. The Breeze strives to be impartial and fair in its reporting and firmly believes in First Amendment rights.

Published on Thursday mornings, The Breeze is distributed throughout James Madison University and the local Harrisonburg community. Single copies of The Breeze are distributed free of charge. Additional copies are available for 50 cents by contacting our business office. Comments and complaints should be addressed to Robyn Smith, editor.

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“To the press alone, chequered as it is with abuses, the world is indebted for all the triumphs which have been gained by reason and humanity over error and oppression.”

— JAMES MADISON, 1800

B

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Reality check

Restaurants are cracking down on fake ID use among Harrisonburg’s under-21 population



CHELSEA GLOWACKI / THE BREEZE

Bartenders at some local restaurants, like Billy Jack’s Wing and Draft Shack, are required to take courses with Alcoholic Beverage Control agents to recognize fake IDs. Employees are also provided with guidebooks that show them what real IDs from each state look like, and bartenders are equipped with blacklights to better detect fakes.

By KATIE O’BRIEN, ALYSSA MILLER AND CAROLINE JANSEN
The Breeze

As students return to Harrisonburg at the start of every semester, the downtown bar scene experiences an increase in patrons. But something else escalates with the consumption of alcohol: the use of fake IDs.

Many restaurants and stores in Harrisonburg have had to get stricter on their policies by requiring two forms of identification to prevent students from sharing IDs. Some restaurants, like Billy Jack’s Wing and Draft Shack, have recently

started using blacklights to detect the authenticity of the holograms.

However, determining if an ID is real is no trivial matter. Serving alcohol to anyone underage not only costs the bartender their job, but can cause the restaurant to permanently close its doors.

“We can all lose our jobs; we can be fined if we serve someone underage,” Erin Kent, a bartender at Billy Jack’s, said. The ABC agents “are going to nail us, so the owner takes that very seriously, because we don’t want to be fined or shut down.”

According to Kent, it can be frustrating trying to tell if an ID is fake, especially because they look more authentic each year.

“Fakes are getting better, so it’s harder to tell whether it’s real or fake,” Kent said. “They can have their real birthdate with just the year changed, with their real name and real photo and unless you know how to look at the hologram, you would never know it’s a fake.”

Casey, a senior from Cape May, New Jersey, whose name has been changed, was able to buy two fake IDs for \$60 through a fake ID generator website with a group of 15 to 20 other students. Casey’s ID used her real birthday, and changed the year she was born. All she had to do was

see **FAKES**, page 4

TRAFFIC

Road work is causing delays to bus routes

from front

Construction takes place primarily Monday through Friday and interferes with the already heavy traffic schedule during the school week. George Moussa has been a Harrisonburg Department of Public Transportation bus driver for Route 8 for the past year and drives on Reservoir St. almost every day. He said buses that go on Reservoir St. and Neff Ave. are always running late because of construction.

“They always block the right lane or left lane, so there’s only one lane going north and south,” Moussa said. “It’s terrible.”

According to Moussa, an average trip to Sunchase Apartments from Godwin Hall takes 10-15 minutes longer than usual because of construction. Students who rely on the bus and live in Sunchase or Stonegate are expected to catch an earlier bus or risk being late to class.

This is something Drake has noticed as well.

“A lot of people who I know have just been taking a completely different route to get to their neighborhood,” Drake said. “I usually take that road when I go on my breaks for work, and I’ve just learned not to go that way.”

Despite the problems residents face with delays now, Cameron says it will be worth it in the long run.

Traffic “was a problem before, so I think people realize you have to go a through a little inconvenience to make problems better,” Cameron said.

CONTACT Jessica Newman at newmanjt@dukes.jmu.edu.

IN BRIEF

ROCKINGHAM COUNTY

Downed power lines close portion of North River

Power lines fell across the North River Tuesday evening, causing a portion of the river to be closed through Wednesday. The river was shut down between Port Republic Road and Port Republic Boat Landing on Jackson Way.

According to Dominion Virginia Power, about 350 Rockingham County residents were left without power Tuesday evening. Dominion spent the majority of the day Wednesday working to resolve the issue.

The cause for the downed power lines is still unclear.

SHENANDOAH VALLEY

Gas prices rise due to shutdown of Alabama pipeline

Parts of Southern Virginia are experiencing gas shortages and shutdowns of gas stations due to a pipeline shutdown in Alabama. However in the Shenandoah Valley, an increase in prices is the dominant concern, according to WHSV-TV.

Gov. Terry McAuliffe signed an executive order last Friday in an effort to prevent a gas shortage in Virginia resulting from the shutdown of the pipeline. The order will lessen restraints on trucks carrying gas, including adjusting the number of hours truck drivers can drive continuously, according to WJHL-TV.

In the past week gas prices have increased by \$0.10, and in Harrisonburg prices have risen to \$2.09.

WASHINGTON, D.C.

Local waitress who received prejudiced ‘tip’ attends AC/DC concert with TV celebrity

Greice Santo, most commonly known for her role as Blanca on “Jane the Virgin,” invited Sadie Elledge and her family to the Axl Rose-fronted AC/DC concert Sept. 17 in Washington, D.C. As previously reported by The Breeze, Santo reached out to Elledge earlier this month after Elledge received a xenophobic note on a customer’s receipt at the restaurant she waitresses at in Harrisonburg.

In addition to attending the concert with the Elledges, Santo arranged a private meet-and-greet with the band.

John Elledge, Sadie’s grandfather, said in an email to Santo, provided to The Breeze, that the concert wasn’t only an incredible performance but an “unmatched experience for three generations of Elledges.”

“Axl’s generosity and good humor made this an absolute highlight in our family’s lives,” John Elledge said. “Talking to him backstage, hearing his humor and feeling his kindness to us only magnified my respect for the man.”

Transnational tunes

International Week’s annual concert celebrates music from around the globe



SAM TAYLOR / THE BREEZE

LEFT: Paulo Steinberg and Eric Ruple, both classical piano professors in the School of Music, perform George Crumb’s “Nocturnal Sound” and “Music of the Starry Night” during the International Week concert.

By MATTHEW SASSER
contributing writer

Imagine being taken on a journey through different musical cultures without leaving the borders of campus. The Staunton Music Festival in the Forbes Center for the Performing Arts brought various cultures to life through the musical compositions of Eric Guinivan, an assistant professor of composition at JMU.

From the pounding of bass drums to the harmonies of the Madison Singers, Monday’s performance captivated the audience and transported them onto a musical journey. Whether the stage was filled with an array of instruments or just a single instrument, a whole chorus of singers or a single performer, each performance tied into the theme of ‘journeys’ and contributed to the entire concert.

All the performances reflected the title of the concert, “DocUmenting Our Journeys,” as each was unique and depicted different variations of how a ‘journey’ could be interpreted.

“Every human being knows that point when you’re very depressed or in despair. We have to be able to show that the journey comes back always to the light.”

Jo-Anne van der Vat-Chromy
director, choral activities and professor, School of Music

“Many of the pieces that performers chose to present did have something to do with journeys,” said Judy Cohen, director of communications and external relations for the Office of International Programs.

Each year for International Week, oIP has hosted a concert for the JMU community. Past years have included performances that focused on a particular culture, such as China or India, but this year the focus of the event was broadened to be more inclusive by featuring a myriad of musical pieces and performance styles on stage.

“This performance shows you that documenting journeys isn’t just photographs, Instagram, or Facebook,” Cohen said. The Madison Singers sang “Dreams Offer Solace,” which takes a journey through the idea of hopes and vision. Their second piece, “Child of Song,” is about not worrying and enjoying an artistic and

see **CONCERT**, page 4

'Service is a lifestyle'

Professor discusses commitment to serving the community, engaging students, teaching history

By ELAINA TAYLOR
The Breeze

Walter "Walt" Ghant is the associate director of the Office of Community Service Learning. Ghant obtained his undergraduate degree in religion and political science from Warner Pacific College in Portland, Oregon. He has a master's degree in divinity from Howard University, a master's degree in public administration from George Mason University and a master's degree in history from James Madison University. Ghant utilizes his expertise in religion and political science through the courses he teaches at JMU, such as: Critical Issues in Recent Global History; African-American History, which focuses on reconstruction and civil rights; Nonprofit Management; and Honors Leadership and Service Learning.

Why do you teach in your spare time?

Part of it's because I learn as much as I inform and I'm a lifelong learner, meaning I enjoy not only getting information but sharing information. I typically end up learning as much as I am able to impart with others. So really my teaching background and experience and passion comes from being a perpetual student, essentially. And I just love the classroom setting, the academic environment.

How did you get so interested in studying and teaching history?

History I've been studying on my own for many, many years. You know, I've got a really good base from undergraduate through my graduate studies; even before I went to college I just always had this interest in people and in history, particularly American society and African-American culture. You know, as a young kid in middle school and high school I read biographies, whether it was my sports heroes or civil rights leaders, etc., so it was almost like a hobby of mine and I actually got my M.A. in history from JMU, just by taking classes because, you know, I'm interested and passionate about history and before I knew it, I was close enough to get an M.A. so how



LAURA VANDEMARK / THE BREEZE

Walter "Walt" Ghant earned his undergraduate degree from Warner Pacific College in Portland, Oregon. Ghant has three master's degrees, which he received at Howard University, George Mason University and JMU respectively.

that developed here that was back in 2008 ... And I just have this thing for numbers, names, dates. I seem to have the ability to remember that stuff and then the critical events that happens around those times.

What brought you to James Madison University?

I came to JMU because I was recruited by the then-mayor who wanted to see more diversity, in and around the Harrisonburg city, etc., and so when I first got here I worked

with the Community Services Board, which is a mental health organization, did that for two years, then got a job at JMU in the human resources department and worked as a diversity recruitment specialist for about a year and then transferred to the Office of Service Learning where I've been ever since.

Can you describe your teaching style and methods?

I use the Socratic method of question and answer. Really, I want to be helping students

to be responsible for their own learning by way of engaging through small groups, pair shares, through teams, discussions, hands-on activity – anything interactive.

Why did you become the associate director of community service learning?

Service is a lifestyle, not a job. So this matches and fits well with my philosophy of life and what I like to do in terms of practical, hands-on change. I get to be involved with students and be a lifelong learner.

How do you encourage students to give back to the community?

I tell them, 'It's your community and you're going to inherit it; you're going to have to set the direction of what your community – both locally and globally – looks like. It's going to be your responsibility in terms of stewardship at all levels.' And I think it fits well with the JMU mission of preparing students to be educated and enlightened citizens who lead productive and meaningful lives ... That's what makes JMU a fun place to be – we have such smart, curious, engaged, practical students.

Have any students or faculty given you any feedback about community service learning that validates what you do?

I regularly receive letters from former students and former student employees who worked in this office, who share how transformative – and this is not an embellishment – how transformative the experience has been: learning how to be professional in a professional setting, learning how to think critically, engage topics of citizenship and looking at some of the bigger social issues. Our students are empowered, and I think that's what makes what I do really meaningful and makes me want to get up and come to the office every morning.

CONTACT Elaina Taylor at taylo3em@jmu.edu.

FAKES | Consequences can range from misdemeanor to identity theft charges

from page 3

memorize her fake address from Rhode Island. She had both fake IDs for several years before one was confiscated.

"I got it taken twice," Casey said. "At Backcountry they broke it right in half and said, 'This is fake; you have to leave,' and that was it."

However, the consequences of using a fake can be worse than losing a few dollars on an ID that's been snapped.

"If they have issues with us taking it, then we will call the cops," Kent said about Billy Jack's, adding that most students apologize and don't give them any trouble.

According to Cpl. Brian Tusing from the Harrisonburg Police Department, if the police are called, a student using a fake ID could face different charges "depending on the information on the ID."

If the ID changes only information like the person's

birthday, the owner of the ID could face a Class 1 Misdemeanor charge. A fake ID that uses someone else's information could be considered identity theft.

Kent says all employees at Billy Jack's are required to have the Alcoholic Beverage Control-issued driver's license guidebook that shows what each state ID and holograms look like.

"We have taken classes with ABC agents to kind of learn what to look for in the fakes," Kent said. "Our door guys are also trained. They have the black lights that can easily detect fakes a lot better."

According to Kent, although this training is nothing new, restaurants downtown will continue to tighten security when it comes to fake IDs.

"I think mostly lately it's been becoming an issue because the fakes are getting better," Kent said. "So we have kind of had to step up our game."

CONTACT Katie O'Brien, Alyssa Miller and Caroline Jansen at breezenews@gmail.com.



LAUREN SAMPSON / THE BREEZE

CONCERT | Music adds to the stories that we tell each other, says oIP employee

from page 3

soulful rebirth. "O Oriens" alludes to a journey of coming out through the despair of darkness and seeing the light, which loops back to the first piece symbolic of hope that completes the cycle of emotions through their performance, something that was done intentionally.

"Every human being knows that point when you're very depressed or in despair," Jo-Anne van der Vat-Chromy, director of choral activities and a professor in the School of Music, said. "We have to be able to show that the journey comes back always to the light."

The variety of the show was clearly seen in the set design throughout the night. The show opened with George Crumb's "Nocturnal Sounds," a bombastic, avant-garde percussion-piano that filled the stage with percussive instruments, ranging from chimes to drums the size of the performers, while Philip Bliss's "It Is Well With My Soul" was performed with just one piano on stage.

OIP and the Staunton Music Festival commissioned the world premiere of an all-percussion trio performed by School of Music faculty members Casey Cangelosi, Eric Guinivan and Michael Overman, which served as the finale for the program.

"The theme is more open to the interpretation of the individual performing ensembles," van der Vat-Chromy said.

Last year's theme was "Food for Thought," while "DocUmenting Our Journeys," focuses on how the importance of the journey relies more on the individual person, which allowed the performers more leeway and personal choice into choosing what they could perform.

"By offering a varied program, we are showing the kind of scope and range that music can give us and how it adds to our stories that we tell each other," Cohen said.

That scope extends beyond this concert, with open mics and fairs put on throughout the week by oIP.

"We really want to know more about students and their international exposures," Taryn Eggleston, assistant director of study abroad, said.

CONTACT Matthew Sasser at sasserma@dukes.jmu.edu.



SAM TAYLOR / THE BREEZE

Although in past years the International Week concert has focused on a specific region in the world, this year it featured a variety of performances to reflect the theme, "DocUmenting Our Journeys." This year's theme was intended to allow performers more freedom when choosing their performance pieces.

Want to go abroad? Learn about op

This Thursday, Sept

ARMIN HARACIC | armchair anecdotes

Fallon went too easy

TV host should’ve taken his interview with Donald Trump more seriously



“Have you ever played the board game ‘Sorry?’” Jimmy Fallon asked his headline guest last Thursday on “The Tonight Show.”
“No, I sort of like ‘Monopoly’ better than ‘Sorry,’” Donald Trump replied to a chorus of laughs. This was more or less how Fallon handled an interview with a presidential candidate whose proposed policy with Iran included blowing their boats out of the water if they show the slightest bit of aggression.

I admit that Trump did succeed in putting on a relaxed and conversational tone in an interview with the most-watched talk show host on television. He was charming, made some clever jokes and said to the kids of America that if you want to grow up to be president, you should do so to help people.

He might’ve actually succeeded in giving millions of Americans the impression that he’s a hardworking, average Joe Six-Pack trying to save America from a terrifying world. In reality, Trump’s an authoritarian populist who wishes to increasingly remove America from global affairs and once stated that “the nation-state remains the true foundation for happiness and harmony.”

In fact, Trump believed this sentiment so strongly that on Feb. 28, he retweeted a fellow nationalist who tweeted, “It is better to live one day as a lion than 100 years as a sheep.” Of course when it was revealed that the quote was from Benito Mussolini, the fascist who perpetuated the Holocaust in Italy, Trump merely stated, “I didn’t know who said it, but what difference does it make if it was Mussolini or someone else — it’s a very good quote.”

Fallon had the opportunity to challenge Trump on his unfounded assertions of American chaos, specify his foreign policy beyond just “being strong,” and according to The Washington Post, tell America what’s the deal with the Trump Foundation using other people’s funds for personal purposes, including making illegal political contributions and buying 6-foot Trump paintings. Instead, in an effort to protect his persona of America’s idiot brother with a heart of gold, Fallon asked questions like, “You’re from Queens?,” “I’ve read you eat fast food all the time?,” “Do you have any hobbies?,” “Could I mess up your hair?”

Fallon also instantaneously said “yeah” when Trump stated that Matt Lauer “did a fantastic job” at the

Fallon's passivity matters because of his enormous cultural influence and viewer base, specifically with younger viewers.

Commander-in-Chief Forum, despite the fact that Lauer let Trump get away with lying (again) about being opposed to the Iraq War from the beginning, in addition to not challenging Trump’s assertions that Obama was just as “brutish” as Russian President Vladimir Putin, a dictator who controls his state’s media and routinely tortures and kills political prisoners.

Fallon’s passivity matters because of his enormous cultural influence and viewer base, specifically with younger viewers. According to The Atlantic, Fallon could’ve compelled Trump to extrapolate on issues affecting his younger viewer base such as his stances on health care, student loans, minimum wage and affordable education. Yet part of Fallon’s shtick is that he avoids hard-pressing questions that reveal his guests’ vulnerabilities or political ideologies, sticking to routines such as lip sync battles and writing thank you notes to ponytails for making the back of girls’ heads look like horse butts.

Arguably, it’s that very nonconfrontational attitude and tendency to salivate over how awesome his guests are that allows Fallon to remain such a ratings juggernaut. The problem with this approach is that he never challenges his audience’s sensibilities, putting himself in an artistic rut where the only way for him to hold on to viewers — and therefore his job — is to keep shelling out what made him successful in the first place: safe and saccharine comedy. It’s the same type of business model used by McDonald’s and Starbucks, whereby customers consume their products because they’re simple and consistent.

This comes to a head when Fallon confronts someone as dangerous as Trump, a candidate with absolutely no political experience. To be clear, I do hope that Jimmy Fallon would’ve done some hard-pressing questioning for Hillary Clinton as well, as young American voters ought to know what exactly she’ll specifically do to deal with domestic and foreign policy issues. Though saying Clinton is just as bad as Trump is like saying Iggy Azalea is as good of a rapper as Kendrick Lamar. Clinton is just not.

Fallon treating Trump and Clinton as just another Miley Cyrus may seem well-intentioned, though it’s doing his audience a grave disservice by denying them the opportunity to learn about someone who just might hold the nuclear codes come January.

Armin Haracic is a senior political science major. Contact Armin at haracix@dukes.jmu.edu.

JO TROMBADORE | cup o’ Jo

Garden or graveyard?

A vegan lifestyle is best for the body, the environment and the animals



It’s the healthiest way to eat:

Ever since the dawn of puberty, I’ve suffered from a digestive condition known as colitis, which involves painful inflammation of the intestines. About two years ago I decided to take my health into my own hands and go vegan. Veganism is a diet and lifestyle that involves consuming no animals or animal byproducts. In other words, I only eat plants.

Since I made this change, my flare-ups gradually became less frequent to the point where I haven’t had a single digestive issue in well over a year. After seeing so many doctors and trying so many different remedies, I’m convinced that it’s the diet and lifestyle change that has led to my now incredibly healthy digestion. On top of this, I’ve lost about 20 pounds without trying and look and feel so much healthier.

I’m not a doctor, but I’ve experienced firsthand the vast array of benefits that come with a healthy vegan diet. Want a more credible source? Check out the documentary “Forks Over Knives” on Netflix, in which two doctors discuss the health benefits of a plant-based diet. I also highly recommend the book “How Not to Die” by Dr. Michael Greger as well as his website, nutritionfacts.org.

It’s the most environmentally friendly way to act:

According to thevegancalculator.com, on a vegan diet, I save 1,100 gallons of water, 45 pounds of grain, 30 square feet of forested land, 20 pounds of carbon dioxide equivalent and one animal’s life every single day.

Sure, you could take a shorter shower or plant a tree or ride your bike, but these trivial — though well-intentioned — efforts make little to no difference in the wake of the environmental catastrophe that is the meat and dairy industries.

At the risk of annoying hundreds of so-called “environmentalists,” I would argue that people can’t truly consider themselves environmentalists without adopting a plant-based diet. How can one claim to care at all about the environment while financially supporting the most environmentally degrading industry on the planet?

Don’t believe me? Watch the documentary “Cowspiracy” on Netflix

and the documentary “End of the Line.” It’s time to get woke, fam.

It’s the most ethical way to live:

According to animalequality.net, every year, 56 billion farm animals are slaughtered for food. When we can live happy, healthy lives without killing animals, this number is absolutely unacceptable.

The thought of abusing animals makes most of us uncomfortable, so we’ve conveniently coined a catchy new term — “humane slaughter” — to feel better about ourselves. Please don’t be fooled by this misleading rhetoric. These “humane” methods can include a shot to the head, a bolt of electricity to the rectal area (yes, basically the electric chair that was deemed cruel and unusual for humans) and the slitting of the throat (after which chickens can suffer for up to eight minutes before dying). Plus the term “humane slaughter” is, in and of itself, a blatant oxymoron. Slaughtering of any kind is in no way humane.

If you think going vegetarian (refraining from eating meat but still consuming eggs and dairy) is enough to avoid participating in the abuse of animals, you’re wrong. While vegetarianism is definitely a good start, the dairy industry is just as cruel as the meat industry.

After being forcibly impregnated, enduring pregnancy and giving birth, dairy cows are separated from their newborn calves. If the calf is male, it’s most likely slaughtered for veal. If it’s female, it endures the same fate as its mother. Then, instead of breastfeeding its own offspring, we humans demand that the mother cow breastfeed us, and over-milk her until she dies of common dairy farm disease like mastitis or exhaustion, years before the average lifespan of a healthy cow.

All this and I haven’t even touched on the cruelty of the egg industry, in which the grinding up of live male chicks is common practice. For more information on animal cruelty, watch the documentary “Earthlings” on Netflix.

So next time you fry up some chicken periods for breakfast topped with melted bovine secretion and a side of crispy pig flesh, think of the pain, suffering, environmental degradation and health detriment that result from that meal. You are what you eat and you have a choice: Will your body be a garden or a graveyard?

Jo Trombadore is a senior writing, rhetoric, and technical communication major. Contact Jo at trombaja@dukes.jmu.edu.



JO TROMBADORE / THE BREEZE

A bean and vegetable salad is a great alternative to meat and dairy.

DARTS & PATS

Darts & Pats are anonymously submitted and printed on a space-available basis. Submissions creatively depict a given situation, person or event and do not necessarily reflect the truth.

Submit Darts & Pats at breezejmu.org

A “**thank-you**” pat to all the nice people who comforted me when I was crying in Wilson.
From an overworked, underslept junior who was at her wit’s end.

A “**shut-the-hell-up**” dart to my neighbors in Southview who blast music for many hours every weekend.
From someone who likes to party but also likes to sleep.

A “**you’re-the-best**” pat to Bob Wade Autoworld for fixing my car.
From a senior who was glad she only had to go a few days carless.

A “**clean-up-after-yourself**” dart to my roommate for leaving the counters dirty.
From someone who thinks you should be a little less hypocritical and practice what you preach.

An “**I-really-hope-I-don’t-jinx-myself**” pat to myself for selecting such a sweet fantasy football team this season.
From Blount Trauma’s general manager.

A “**thanks-for-always-being-there-for-me**” pat to Jimmy John’s.
From a sad and lonely senior who only has a few things he can rely on in his life.

Editorial Policies

The Breeze welcomes and encourages readers to voice their opinions through letters and guest columns. Letters must be no longer than 250 words. Guest columns must be no more than 650 words.

The Breeze reserves the right to edit submissions for length, grammar and if material is libelous, factually inaccurate or unclear. The Breeze assumes the rights to any published work. Opinions expressed in this page, with the exception of editorials, are not necessarily those of The Breeze or its staff.

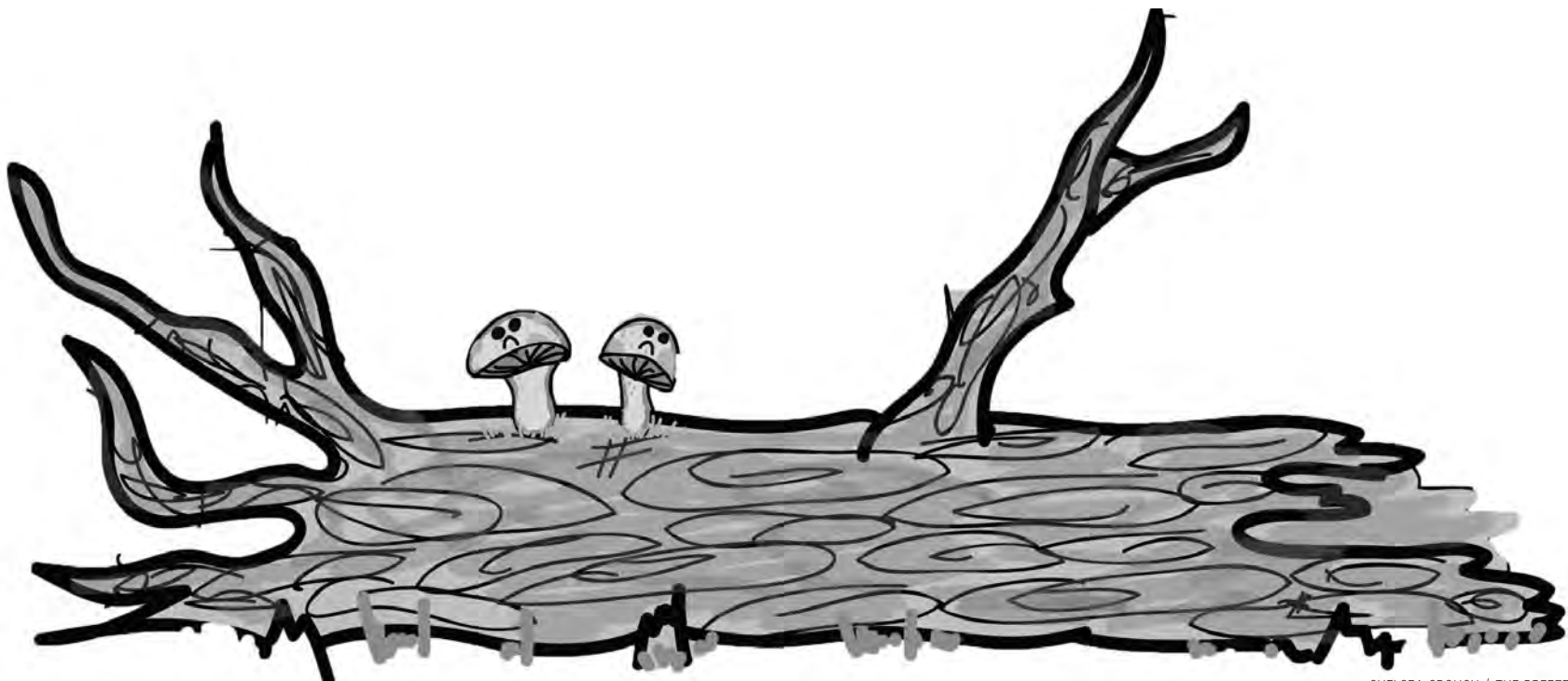
Letters and guest columns should be submitted in print or via e-mail and must include name, phone number, major/year if author is a current student (or year of graduation), professional title (if applicable) and place of residence if author is not a JMU student.

The Breeze
1598 S. Main Street
Harrisonburg, VA 22801

opportunities at the Study Abroad Fair
September 22nd from 11am to 3pm at the Festival Grand Ballroom

SPENCER MUNSON | organized ramblings

The environmental disconnect



It's no secret that our civilization is living in the middle of a massive climate change. Recent studies have identified human contributions as one of the main factors in these recent changes.

Right now, the sea level is rising at a rate greater than at any time in the past 2,000 years, 15 of the 16 hottest years on record have occurred since 2001, species are dying off at the worst rate since the dinosaurs went extinct 65 million years ago and every year, about 8 million metric tons of plastic pollution end up in the world's oceans.

These statements have been well predicted, observed and documented by scientists for years, but it hasn't been until very recently that significant portions of the population have taken notice. Unfortunately, the science regarding climate change has generally been dismissed as alarmist and inaccurate. According to Scientific American, much of this disbelief was the result of a campaign funded by Exxon, which promoted misinformation regarding climate change after they became aware of the issue as early as 1977.

In the past few years, we've finally started to see an increase in the number of world leaders who admit that there's an issue and have even begun to take steps to solve the problem. It may have taken years of convincing and an onslaught of fatal natural disasters, but it appears that the conversation may finally be turning into at least some form of action.

My greatest concern is why so many everyday citizens seem to not care. I have close friends, people whom I deeply respect, that when asked if they care about pollution or species decline, quite happily answer that they don't. I'd imagine that the obvious explanation for this severe apathy is that most of the people alive today won't be around for the most severe consequences of climate change.

This rationalization makes a great deal of sense to me and seems to be a practical vindication for those who feel no sense of responsibility for the current crisis. I have another

Humans, specifically those in first world countries, have done such an impressive job of separating ourselves from nature that we've lost our connection and sense of dependence on it.

theory, however, which I feel helps to explain our lack of concern for the changes happening right now. Humans, specifically those in first world countries, have done such an impressive job of separating ourselves from nature that we've lost our connection and sense of dependence on it.

Rapid globalization and sophisticated technological advances have allowed many of us to consume resources at a greater rate without leaving the comfort of home, thus struggling to comprehend the depletion of those resources. How am I supposed to know that the single-use chopsticks at my local sushi restaurant are rapidly depleting bamboo stocks in Asia? I don't live in Asia, I didn't chop down the bamboo and I have no idea how much bamboo is left.

Our removal from the natural world has given us a false sense of security. We sit in air-conditioned homes with heated floors and drive massive vehicles on highways void of greenery and for many of us, the natural world doesn't even cross our mind on a day-to-day basis.

It's no surprise to me that the strongest environmental activists have developed from circles of hikers, climbers, surfers, skiers and general outdoor enthusiasts. These are the people who immerse themselves in the wilderness and witness firsthand the effects that climate change is having on our environment. Their connection with the natural world isn't only physical, but also spiritual, and many of them recognize the wilderness as their home.

In order to instill a sense of conservation in preservation in the average first world citizen, we need to develop a culture which has some type of connection with a facet of the environment, be it the ocean, the trees, the mountains or any other corner of wilderness. We must revitalize our relationship with our first home in order to comprehend the damage we're doing.

Spencer Munson is a senior management major. Contact Spencer at munsonsc@dukes.jmu.edu.

BENJAMIN WOLFIN | contributing columnist

The privacy line is extinct

On September 11, 2016, presidential nominee Hillary Clinton was forced to leave a 9/11 memorial service after falling ill. It was later released that Clinton, in fact, had pneumonia. No details were given out to the public that she had pneumonia, and in turn, this caused a media firestorm.

On that one day, the public and the media should've taken the time to remember those who died in the terrorist attack in 2001. The media decided to instead report on Clinton's pneumonia, attempting to connect Clinton to the perception that she's a liar and crooked. Of course, this created a stir with the American public because people questioned if they could trust Clinton and wondered what else has gone unreported.

To understand any of this we must go back to an American icon who hid something from the public. That icon was President Franklin D. Roosevelt, and the something was polio. For anyone who didn't know, our 32nd president hid his polio from society. In his public speeches, he was always standing up behind a lectern with the help of leg braces, and when broadcast on TV, he was filmed from the waist up. Roosevelt didn't let his disease take away from the real issues at hand.

The buzz created from reporting something as small as a candidate being sick has taken away from the real issues. This has caused society to demand full medical records, which is ridiculous. Both nominees have been to a multitude of doctors over the course of their lives, and to ask for all the medical records they have is near impossible.

In a New York Times article published on September 13 titled, "Full 'Medical Records' for Trump and Clinton? That's Fiction," writer Margot Sanger-Katz summarizes the difficult process of obtaining medical records and how it wouldn't make either candidate seem more forthcoming.

Both nominees have been to a multitude of doctors over the course of their lives, and to ask for all the medical records they have is near impossible.

She uses the testimony of Dr. William Tierney, the department chairman of population health at the University of Texas' Dell Medical School, who's studied and worked on the electronic health record system as a physician. Tierney says, "Getting someone's records is a nightmare because they are in paper, and they are scattered everywhere."

In other words, it would be tough to collect files for Clinton, who is 68, and Donald Trump, who is 70.

The article continues with a quote from David Blumenthal, a former national coordinator for health information technology for the Obama administration, and now the president of the Commonwealth Fund in which he said, "Average people encounter a huge amount of difficulty ... Good luck reading those records when you get them: pages of lab readings, check-box answers, billing codes and illegible handwriting."

The real problems are people's views on what's important.

The U.S. must realize that when the media is talking about issues that have nothing to do with politics. These small occurrences shouldn't make our opinions sway, when society hasn't even heard either candidate's stance on problems foreign and domestic, and how they intend to fix it. Politics is like being in school. If you don't pay attention, learning and growth can't occur. But, if you focus, change becomes possible and the September 26 debate will be our first opportunity.

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DANIEL MCGANN-BARTLEMAN | contributing columnist

Third party votes could change the game

I find myself needing to preface this piece by saying I don't intend to state my specific opinions on our current presidential candidates in this article. I simply wish to explore the concept of third party candidates in American elections and the two party system in general. I will say, however, that this particular election really got me thinking about third party candidates.

Since 1860, Democratic and Republican parties have dominated many of our elections, not just presidential. For over a century and a half, our voters have been checking "R" or "D" every November and proceeding to complain for 12 months until it's time to go vote again. There's not a doubt in my mind that this is a direct consequence of not even knowing who the candidates are. Sounds outrageous, doesn't it?

I've asked many people in nonpresidential election years who they intended to vote for and have actually received the response, "Uh, I don't know. Who's the Republican one?" And more than once the same answer for the Democratic side.

Like I said, "Check 'R' or 'D' and have a nice day, sir."

It's absolutely undeniable that a lot of people are unhappy with this year's election. If you don't believe me, read any Facebook comment section. However, the one good result of this is that voters are desperate enough to at least look at third party candidates. Many of these voters are realizing that certain third party candidates match their views way better than the two frontrunners. Let's think about that for a second.

The U.S. has an approximate population of 319 million people. The U.S. has two major political parties that have won every presidential election since 1860. So this tells us that the views of 319 million people on how our government should run are represented by two — count them — two, political parties. Not only that, but apparently the ideals of these two parties are so infallible that they've been a perfect fit for every issue in the last 150 years? I'm not buying it.

The ancient Greeks didn't have political parties or interest groups. They listened to open debate and voted on the issues.

The ironically genius part is the two main parties have managed to scare nearly the entire country away from lesser parties. They tell their voters that if they vote for a third party instead of the major candidate, then the opposing major candidate will undoubtedly win, resulting in inevitable tragedy and ultimately the downfall and demise of our great nation.

This isn't what democracy was designed to be. The ancient Greeks didn't have political parties or interest groups. They listened to open debate and voted on the issues. Even George Washington, in his departing request as president, warned the nation not to form political parties. He knew the pettiness, bickering and refusal to compromise that would follow. We all know how long that lasted. Adams, Jefferson, I'm looking at you. Either way, I'm pretty sure the parties have led us down the exact path that Washington had foreseen.

But we can break the mold.

I encourage everyone to think for themselves this election season. Don't blindly follow in the footsteps of the all-knowing major parties. If Donald Trump or Hillary Clinton represent your views and morals, I encourage you to vote for them. However, if they don't, I beg you to allow yourself to look at other candidates. Read about them and their views. And most importantly, don't allow yourself to be scared into voting against a certain candidate. As soon as we begin voting against candidates rather than for candidates, we begin to consciously contribute to the downfall of idealistic democracy.

Daniel McGann-Bartleman is a freshman political science major. Contact Daniel at mcganndk@dukes.jmu.edu.

Life after 'Paradise'

JMU alumna Ashley Iaconetti talks about experience on 'The Bachelor,' 'Bachelor in Paradise'

By MIKE DOLZER AND JO TROMBADORE
The Breeze

While many Dukes make connections at the kissing rock, one 2010 alumna decided to take her search for love to TV, competing on the popular ABC show, "The Bachelor." After that, Ashley Iaconetti starred in two seasons of the summer spin-off "Bachelor in Paradise," and was known for her tears and undying love for fellow contestant Jared. She's also appeared on "Celebrity Family Feud," "Million Dollar Matchmaker" and a wide range of talk shows. The reality star, who now lives in Los Angeles, gave two Breeze editors 30 minutes of her time for an exclusive phone interview to discuss her TV experiences and her time at JMU.

How did you first get cast?

So I went from JMU to having an internship in the music industry because even though I was in [media arts and design] I kind of wanted to be a music and entertainment lawyer, because in SMAD I loved entertainment law, so my first job was going to be an entertainment lawyer out of college, and then I started about a year and a half after graduation to go to Syracuse for my master's in broadcasting. So I went there for a year and some months afterward and I loved Syracuse and at the end of my time there I had one of my fancy cameras down at home in Virginia and I said, "Well, while I have access to this camera; let's make a really elaborate audition tape for 'The Bachelor,'" which is something that my friends and family have joked about me being on for years. And I did it, I edited it all up – it was a mock version of a whole season so I had getting out of the limo and then I had the first one-on-one and the group date and the final three and then the final rose and then I didn't hear back for about nine months ... I heard back from "The Bachelor" casting people on April Fools' Day 2014. I will always remember it being April Fools' Day, because all my friends thought I was lying. They asked me to go to the audition, an in-person audition, and they kind of zoomed me to the front of the line because they liked my video so much. Then about four or five months after that audition I was sitting in a hotel waiting to meet Chris Soules. It's been a great experience. It's been the best two years of my life.

So do you feel that the show accurately portrayed who you are? Or do you feel that in some ways your character was manipulated?

This season just hit a lot of what was going on, but I would always say, like, with my other two seasons, that I am a caricature of myself. What you see is part of me, but they take certain traits of yours and they blow it up, you know, so they talk about my virginity way too much, they talk about my love for makeup, they talk about my obsession with Jared, and just me being an overall emotional crier. It's like yeah, I'm a crier, I'm just an emotional person and I cry maybe a little bit more than your average girl, but not much more than your average girl. So, I mean seriously, they make it seem like I cry every single day of my life, but it just so happens to be that they put me in situations that, you know, bring it out of me. Like I cried a couple days ago ... And yeah, you're just tired sometimes; you get three, maybe four hours of sleep some nights. To relate it to college, it's very much



COURTESY OF RICHARD HARBAUGH OF ABC

Ashley Iaconetti enjoyed her time on "The Bachelor" and "Bachelor in Paradise," although she believes she came off as a caricature of herself.

like your first month or so [of] freshman year. I lived in Shorts [Hall] freshman year, and it's kind of awesome to have the girls and the guys all with me constantly. I had never had that before college, and you're all getting to know each other, just like in "Paradise" you're all getting to know each other and you're all kind of figuring out each other's interests. And you eat so much like you do freshman year.

How's life after "Paradise?"

A lot of craziness remains for a little while after a season wraps. Let's see, like, I've had a lot of meetings this week and talk shows and then of course I do other little things like, I write

for Cosmo. I got a new puppy and I have a big charity event.

Wow, you're busy.

Yeah it's so crazy. Like with most of us it's like, do we have a full time job? No, most of us girls don't, but we are always busy going to some sort of event any night, like tonight I'm going to see this special "Bridget Jones" screening, which is always fun to do like all those little social media influencer things we get to do.

Are you dating at all?

Oh my god, I hadn't even thought of that, that's crazy. I think it's funny because the show only wrapped like two months ago taping, but you kind of don't feel single until it actually is done airing and kind of wanting that to pass ... the on-air relationship, but I've been thinking about dating in the next couple weeks, get back on those dating apps.

What's the No. 1 thing you miss from JMU/Harrisonburg?

All the food. Literally Jack Brown's. I miss Jack Brown's every day. I was in Nashville a couple weeks ago and they have a Jack Brown's there and over the four days I was there, I went there twice. And I definitely miss Dukes' nachos.

Do you have any advice for JMU students about finding love or any life advice in general?

Well, I would say that, don't worry about finding love when you're in college and when you're like 22 and under, because you're super young and you don't realize how young you are.

Do you have a best memory from JMU?

I think my first six months of freshman year were probably my favorite. It's when I had a great clique of friends; I was making so many friends and this sounds really weird, but I had a cohesive social life for the first time. I had a great group of friends to go out with and hang out with at all times. And it wasn't like high school where I just kinda floated from group to group so it was just really nice just to have a crew. And I always had a great time for Halloween.

What has been your most memorable TV appearance?

OK, definitely "Jimmy Kimmel" from my first season of "The Bachelor," that was unreal. Oh! I remember what I was going to tell you guys now ... When you asked if I was in touch with anyone, what I was meaning to say to you was that – very surprisingly to you guys probably – I was very shy in college. Really shy. So I would do my best to ignore all the professors and I didn't really talk in any of the classes that I had other than my specific friends that I would talk to in class. I would never raise my hand. I was terrified of raising my hand. And now here I am totally able to rock being on "Jimmy Kimmel" and being on "Ellen" and I feel like a totally different, outspoken, outgoing type of person now, it's crazy. But I'd be presenting something in SMAD to a class of 15 and my heart would be racing, my mouth would be dry. It's so crazy how I've changed. I used to be like, "Wait you want to go into broadcasting but you get nervous talking in front of 15 people?" But now it's totally different.

CONTACT Mike Dolzer and Jo Trombadore at breezearts@gmail.com.

VETERANS | Student veterans hope to serve as model for all students

from front

The veterans expressed that JMU has always been very accommodating to their needs. As of this year, JMU is a Yellow Ribbon school. This means that student veterans will have access to more funds beyond their GI Bill benefits to help them support their lifestyles and families.

Clint Roberts, a 34 year-old senior psychology major and vice president of SVA, joined the Army in 2003 as a combat medic. He expressed that SVA allows the different military branches to coexist based on common ground.

"Normally there's a rivalry between the branches: Marine Corps, Army, Navy," Roberts said. "The fact that we're all Dukes and we're all here to learn, to get that piece of parchment has really brought us all together as a family."

Since moving to their official office in Wilson Hall, SVA has gained a more recognizable presence on campus.

Senior intelligence analysis major 25-year-old Andrew Castro, who's been in the Air Force since 2012, felt that their new location gives them a place of their own without secluding them.

"It showed the community at JMU that we exist, that we're here, we're not just another number, another student that goes nameless," Castro said. "It gives us an identity."

In addition to JMU's accommodations, veterans have found that the professors are understanding on an individual basis. Castro's still in the Air Force and has to miss class occasionally to fulfill his Air Force obligations.

"It's hard, but I kind of see [school] as my job, this is my duty, this is my job," Castro said. "I pour everything into it and I just get it done. Even though I'm gone for two weeks and it's a huge undertaking to get back on track, teachers do help with making sure I maintain what I need to get done."

As the veterans are all older than the average JMU student, they've found that the transition from the military to college doesn't end with going to classes.

"So far the hardest thing about coming to JMU has been knowing that [other students] haven't had the chance to experience life yet," Green said. "Their opinions and their values are still valid but are going to change, they just haven't figured that out yet."

Veterans respect that younger students are on a different path than they were at that age. However, they're willing to provide their own viewpoints and share their stories when appropriate.

"If somebody asks me something, I'm more than happy to talk about my experiences," Roberts said. "But I'm not here to impose, I'm here to be a part of the community."

In addition to being a part of the current JMU and Harrisonburg area, veterans in SVA hope to make JMU seem like an appealing place to others in their position.

Castro believes that his time at JMU has the potential to attract other veterans who are on the fence about using their GI benefits to go to college.

"I'm showing you a success story," Castro said. "I want to prove to other people that this is a good place to come. I hope to bring more veterans to JMU so that they can experience the same wonderful experiences that I've had here."

In addition to leading through his success at JMU, Castro hopes to make a difference through his remaining time left in the Air Force.

"Success isn't measured by the things you have, but rather the number of lives you affect," Castro said. "So now my goal in life is not to attain a ton of money, but rather to affect a ton of lives, and the military allows me to do that. That's probably my favorite thing, that I'm a part of a greater cause than just myself."

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JILLIAN WRIGHT / THE BREEZE

Senior Air Force veteran Andrew Castro believes SVA gives him an identity.



Check out what music pumps up the football team in next Thursday's issue!

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JILLIAN WRIGHT / THE BREEZE

By JILLIAN WRIGHT AND SHANNA KELLY
The Breeze

“It was a garage sale Saturday in 1994. I was just a kid and my oldest brother was heading out to work. He was 16 years old. He climbed into his blue and white Bronco and he put it in reverse ... He never came home. The Lord took my brother that day.”

As these words hung in the air of Wilson Auditorium on Friday night, the audience cried silently alongside country music artist Canaan Smith. Some students, however, weren’t surprised by his captivation because they know how Canaan Smith shows go.

“Down in Virginia Beach, he came to the Beach Art Festival with Sam Hunt and he put on a great show,” Ben Phifer, a junior accounting major, said. “When I saw that UPB got Canaan Smith ... I got the ticket right away because I knew it’d be good.”

Smith created an instant connection with the crowd by letting everyone know that he’s a former JMU Duke and throwing JMU into the lyrics of some of his songs.

He used an analogy that he and the audience were turning the pages in a book together throughout the night. With each “page” that he turned, he spoke to the crowd about matters that some people try to avoid, such as bad relationships and lost loved ones.

Following each talk with a song that related to the subject, Smith allowed the crowd to feel a personal connection with him on stage.

Some students knew many of Smith’s songs, yet hadn’t heard much about the artist himself. They sang along during the entire show as they watched him perform up close from the pit.

Alumnus Canaan Smith performs last Friday

“I like to listen to him on the radio,” Gillian Withers, a junior computer science major, said. “We knew his songs before we knew who was singing them.”

Other attendees had heard of Smith but weren’t very familiar with his music, and decided to purchase pit tickets simply because they enjoy listening to country music.

“I haven’t gone to a concert since like, two summers ago, so I was really ready to go,” Sara King, a junior communication studies and French double major, said. “I’m not like, a die-hard fan, but I know his music; I love country music, and I’m really excited JMU finally has a country music act here.”

Although Smith and the opener Cody Purvis didn’t carry the same star power as previous JMU performers like Big Sean or MAGIC!, both artists still managed to win over the crowd.

To compensate for the crowd not knowing all of his songs or much about him, Smith threw in hits such as the Goo Goo Dolls’ “Iris” and Zayn Malik’s “PILLOWTALK.” Smith brought a new country music twist to these hits that had the crowd singing alongside him.

At the end of every concert, Smith smashes an instrument on stage that’s then auctioned off to the highest bidder. All proceeds go toward St. Jude’s cancer research. The smashed instrument is then a symbol of smashing cancer. After Friday night’s show, he auctioned off a drum and raised \$1,000.

By the end of the night Smith had the girls who lined up outside of Wilson Hall in cowgirl boots going “Miranda Lambert crazy,” as he would say, with his ability to bring them to tears, sing along to ‘90s classics and work toward smashing cancer all in one night.

CONTACT Jillian Wright and Shanna Kelly at breezearts@gmail.com.

A wicked failure

Sequel to ‘The Blair Witch Project’ flops



COURTESY OF TRIBUNE NEWS SERVICE

Valorie Curry plays Talia in “Blair Witch.” The characters go into the woods in search of Heather, who mysteriously disappeared in “The Blair Witch Project.”

By JOEY SCULLY
contributing writer

“Blair Witch”
★★★★☆
R 89 min.
Starring James Allen McCune, Callie Hernandez, Corbin Reid

“The Blair Witch Project” is the first horror movie I ever watched, so it holds a special place in my heart. I walked into Saturday’s viewing of “Blair Witch,” the sequel to “The Blair Witch Project,” hoping that it would be the follow-up that the original deserves. Sadly, I walked out of the movie disappointed, ranking “Blair Witch” as one of my least favorite films of the year so far.

“Blair Witch” takes place close to 20 years after the original movie. James Donahue (played by James Allen McCune) is Heather’s brother whom the original movie was about. James has always wondered what happened to Heather and decides to take three of his closest friends into the forest to look fowr her. For

some reason, James thinks she might be alive after all this time. The movie chooses not to address the logic behind a woman surviving alone in a forest for that long without escaping or being found. Two local amateur filmmakers decide to join them in hopes of finding proof of the famous Blair Witch.

“When there’s too much action, you start to care less and less about what’s happening.”

The original movie was known for its arguably slow pacing. This movie tried to change that with something new happening every five minutes. This may sound like a good thing at first, but when there’s too much action, you start to care less and less about what’s happening.

The other new additions to the movie include advanced technology. Every character

had a miniature camera attached to their ear so that everything they saw could be filmed. This led to a cinematography challenge that the movie couldn’t master. It quickly became very confusing to distinguish which character’s camera we were viewing the story from. Sometimes the camera would come from a point of view that none of the characters were looking from and you had to simply realize that it was a cinematic mistake and force yourself to move on.

“Blair Witch” is certainly not recommended viewing for fans of the original. The random attempts at jump scares and poor cinematography take out everything that was great about the original movie. This movie doesn’t even go as far as furthering the knowledge of the Blair Witch so there’s no reason to watch it to find out more about her. In the end, I came out disappointed and I expect most viewers will also feel the same way.

Joey Scully is a senior marketing major. Contact Joey at scullyjs@dukes.jmu.edu.

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MEN'S SOCCER



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(0-7-1, 0-1-0 CAA)

LAST WEEK

LOSS vs. #12 Virginia 2-0
TIE at Georgia Southern 1-1

THIS WEEK

LOSS vs. La Salle 1-0
LOSS at Hofstra 2-0
LOSS vs. Radford 3-1
Sept. 24 vs. Elon

WOMEN'S SOCCER



CONNOR WOISARD / THE BREEZE

(3-6-0, 0-0-0 CAA)

LAST WEEK

LOSS vs. Indiana 4-2
WIN vs. VCU 3-2 (2OT)

THIS WEEK

Sept. 23 at William & Mary

FIELD HOCKEY



COURTESY OF JMU ATHLETICS COMMUNICATIONS

(5-2, 0-0 CAA)

LAST WEEK

LOSS at #2 Duke 7-1
WIN vs. New Hampshire 5-2

THIS WEEK

WIN at #13 Old Dominion 2-1

VOLLEYBALL



COURTESY OF JMU ATHLETICS COMMUNICATIONS

(9-5, 0-0 CAA)

LAST WEEK

LOSS vs. Northern Illinois 3-0
WIN vs. George Washington 3-1
LOSS vs. Tennessee 3-0

THIS WEEK

WIN vs. William & Mary 3-0
Sept. 23 at Elon

FOOTBALL



CONNOR WOISARD / THE BREEZE

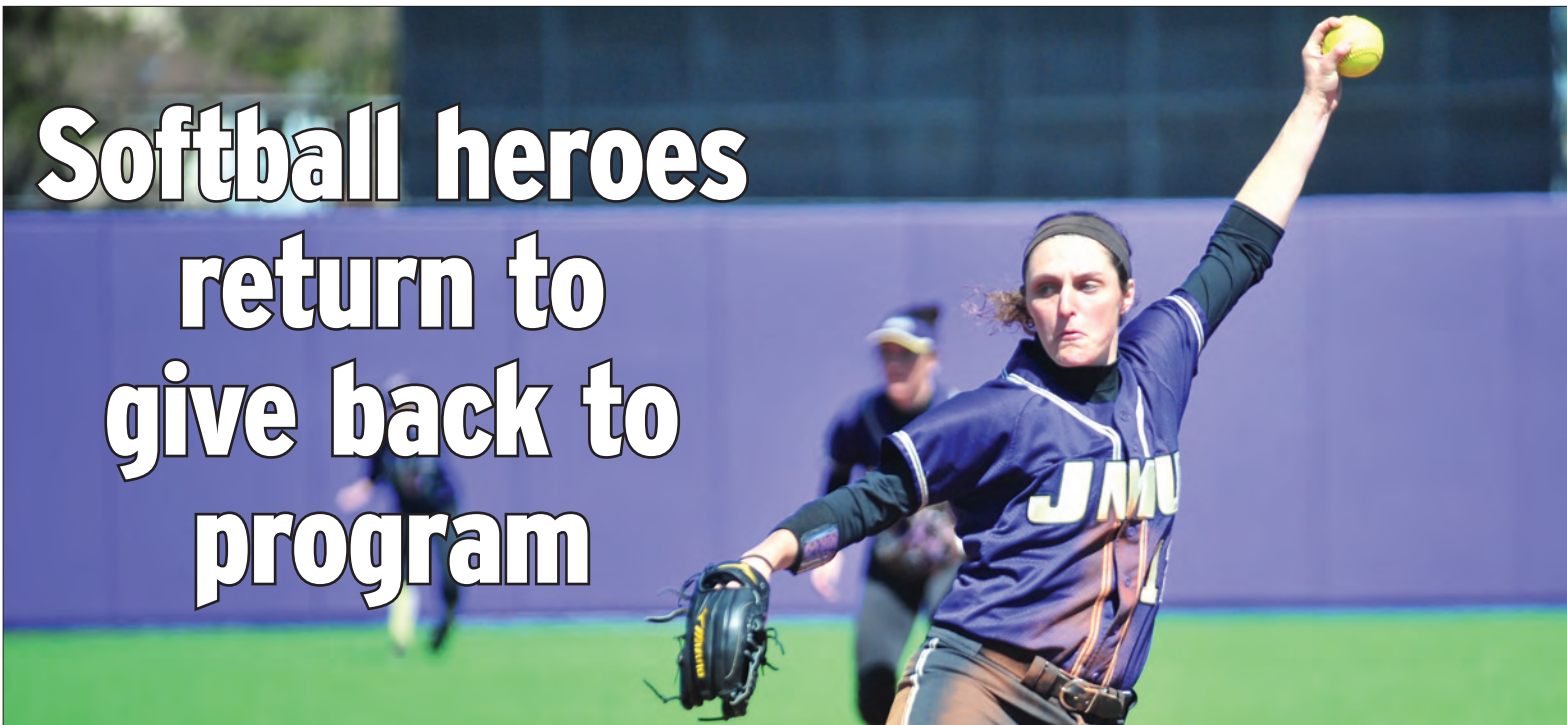
(2-1, 0-0 CAA)

LAST WEEK

LOSS at North Carolina 56-28

THIS WEEK

Sept. 24 at Maine

Softball heroes
return to
give back to
program

LOREN PROBISH / THE BREEZE

Former JMU softball starting pitcher Jailyn Ford throws a pitch during her junior season. Ford is returning to the program to serve as a volunteer assistant coach this season.

By BENNETT CONLIN
The Breeze

In late May, pitcher Jailyn Ford stepped up to the plate with the bases loaded and two outs in the bottom of the seventh inning hoping to punch JMU softball's ticket to the Women's College World Series. Just three strikes later, JMU's seniors were consoling each other as Louisiana State University celebrated an NCAA Super Regional victory on the Dukes' home field.

With the loss, JMU fans expected that to be the end of not only the season, but also the careers of catcher Erica Field and Ford, the winningest pitcher in JMU softball history. While the two will no longer suit up for the Dukes, both players have returned to the program to give back to their former team. Field, a fifth-year senior expected to graduate in the spring, will serve as a student manager as she finishes earning her bachelor's degree in finance, while Ford will work as a volunteer assistant coach throughout the season.

Leaving a college program can be a difficult transition, but head coach Mickey Dean is glad his former stars can hang around a little longer.

"You have different stages of your life where you move forward, but this will be the toughest one to let go," Dean said. "I think just to have that opportunity to not only help build it as a player, but also now help build it and sustain it as a coach, I couldn't think of anything more rewarding."

A benefit for the Dukes comes in the experiences Ford and Field have had with Dean, who places high expectations on his players and pushes them to their limits. Ford and Field understand the methods Dean uses and will attempt to relay those ideas to the players in different ways.

"Sometimes coaches get so wrapped up in what they say and they don't

necessarily think about how players interpret it," senior infielder Madyson Moran said. "Having coaches who were previous players, who know what he's kind of thinking, it's awesome."

Current JMU players believe having the former standouts close by will give the team a leg up on the competition this season.

"With them being coaches they can still be in the dugout with us," junior pitcher Megan Good said. "It's gonna be an advantage for us."

While the team is ecstatic about the return of two former teammates, Dean expects the players to undergo a learning curve as they transition from players to coaches.

"They know the game well — that's not gonna be their issue," Dean said. "Their issue is gonna be how they relate to players and how they speak to players because now it's no longer a teammate, it's someone you're working with."

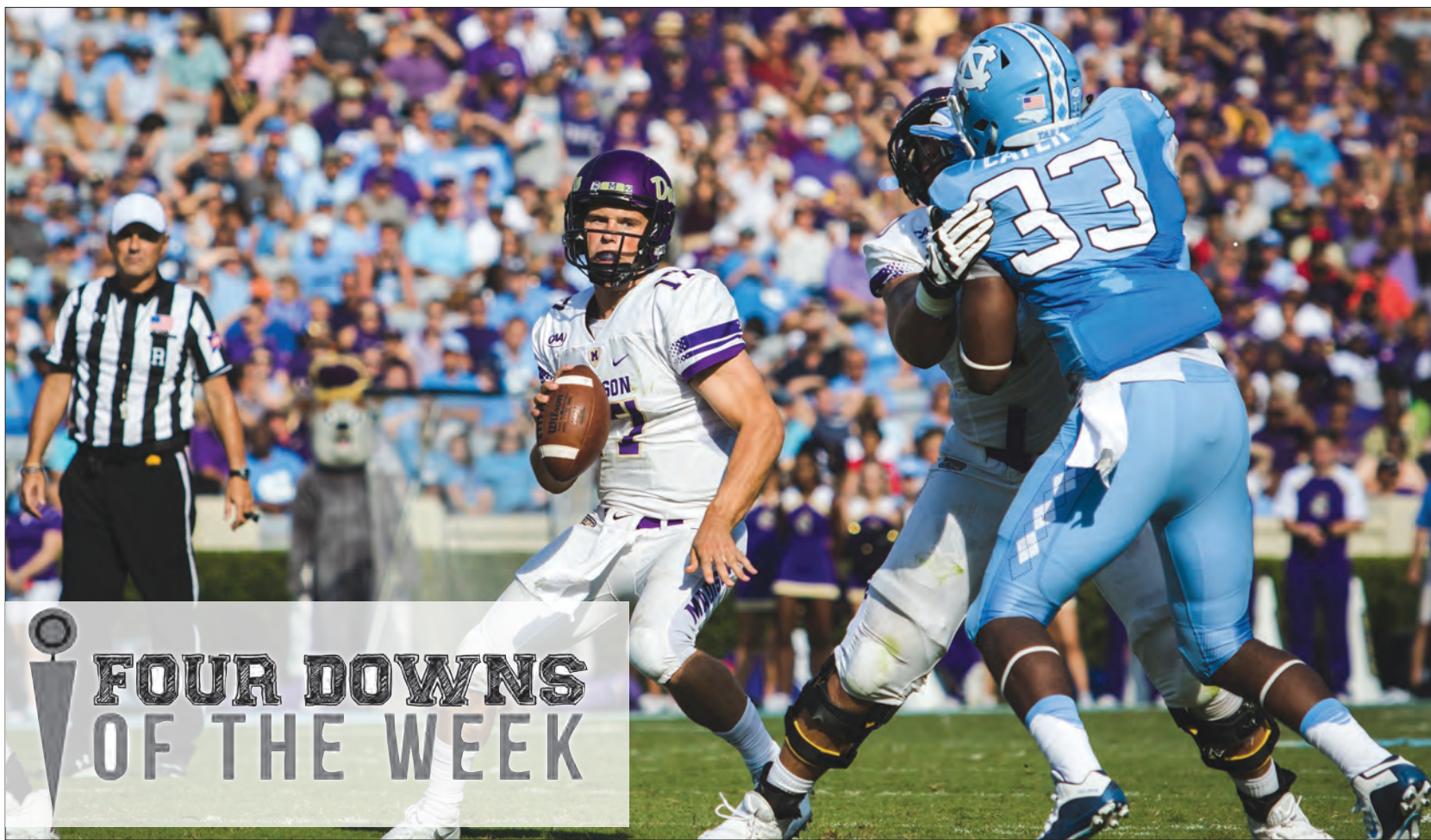
Field thinks she'll find watching her former teammates run onto the Veterans Memorial Park field without her to be the hardest transition.

"Once the season comes around and I'm like ... watching their games, it's gonna feel a bit strange," Field said. "I'm probably gonna wanna go in and play with them."

While the transition will certainly be an adjustment, both players are excited to be back on the same team after competing against each other over the summer in the National Pro Fastpitch League. Despite squaring off against each other, the two found it nearly impossible to want the other to slip up.

"We always were rooting for each other secretly," Ford said. "It's nice to kind of be back and go through this together."

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CONNOR WOISARD / THE BREEZE

By KEVIN HASWELL
contributing writer

The 11th ranked JMU Dukes struggled in a 56-28 loss to the University of North Carolina at Chapel Hill on Saturday. They look to bounce back this Saturday as they travel to Orono, Maine, to face Colonial Athletic Association rival University of Maine at the Harold Alfond Sports Stadium. The Black Bears are currently 0-2 after a loss last week against the University of Toledo.

1. Defense Needs to Rebound

The Dukes played very well last week on offense, boasting a 21-14 lead in the second quarter. It was all downhill from there. The defense collapsed as the Tar Heels finished the game on a 42-7 run. The game seemed like it was going to have a "first-team-to-100-wins" result. The defense had played well up to this point, allowing only 14 points per game. That success was lost this week, as the defense gave up 56 points, 42 of which came in the last three quarters.

"We have to prepare better, and we have to move on," redshirt senior cornerback Taylor Reynolds said. "We haven't really thought about last week all that much, we came in and made our corrections and we are moving on to Maine."

It will help the defense this week that they're playing a winless Maine team. The Black Bears are only averaging 272 yards per game. The Dukes allowed 635 yards last week against the UNC offense. The Dukes' defense will have to keep the Black Bears offense in check this week despite getting shelled in Chapel Hill if they are going to want to leave Maine with a win.

2. Stay Strong with the Running Game

The JMU running attack has been the strongest asset the team's had all season. Averaging 340 yards per game on the ground this season, the Dukes will

look to continue that success against Maine. Maine's run defense is only allowing 194 yards per game. The goal for this week's game on offense should be to run the ball early and often. In their season opener against Morehead State University, the offense ran the ball on sixteen different occasions during their first three drives, while junior quarterback Bryan Schor only dropped back to pass five times. The Dukes were able to establish the running game, helping Schor, who completed each of his first seven passes, do more damage through the air.

"The run game is very important; they got physical guys up front, they got some good linebackers that hit the gaps hard, and they got good defensive backs, so it'll be tough to be move the ball but we have to," senior running back Khalid Abdullah said. "The run game is the No. 1 priority, we are just trying to get that established in practice."

The efficiency of the run game will also help the Dukes win the time of possession this week. JMU has won the time of possession battle in each of their first three games, something that has been a huge aspect of their success. Keeping the defense off the field while JMU's high-powered offense grinds out drives only boosts the Dukes' chances at coming away with a victory.

3. Score Early and Often

The JMU offense scored early last week but weren't able to sustain that success throughout the game. The Dukes scored 21 points in the first quarter against the UNC defense last week, but then failed to score again until the third quarter. They checked off one of the two goals, scoring early but not often. This week they look to do both. The Dukes' greatest attribute is their ability to put points on the board, and this week the Dukes should get back to what they do best against a winless Black Bear's football team.

"We have to go into our game this weekend and play a physical football game, against a very, very good opponent," head coach Mike Houston said.

Maine will be trying to pick itself up after losing to Toledo last week by a score of 45-3. The Dukes will attempt to keep that trend going and end this game before halftime. In JMU's two wins this year, they were up at least 28 points before the halftime break. They should look to continue to score early, score often and stay consistent this week.

4. Put Last Week's Loss Behind You

The Dukes looked to be in last week's game in the second quarter, leading the Tar Heels 21-14. The team struggled on both sides of the ball the rest of the game as they got outscored 42-7 in the final three quarters. After a tough loss, it's hard to get it out of your mind. The Dukes need to do exactly that and focus on attacking Maine with all they have.

"I think that we need to take the good things that we did from last week and go into our next game against Maine and capitalize on the things we did wrong," Abdullah said. "We learned from last week that we need to finish strong."

Last season, the team started out 7-0 before losing to the University of Richmond with ESPN's College GameDay visiting. After that game, the Dukes let the rest of their season slip away. Including the loss against Richmond, they finished the season with three losses in five games. This included an early exit from the Football Championship Subdivision playoffs, losing to Colgate University 44-38. The team should think about the collapse at the end of last season and use it as fuel to go further this year. The Dukes can learn more from losing than from winning. If the Dukes want to get their third win of the year this weekend, the team will have to put last week's loss in the rearview mirror.

The Dukes and Black Bears will kick off at noon on Saturday. Fans looking to watch the game can find it on the American Sports Network.

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WOMEN'S SOCCER |

Lombardo notches 400th victory

from front

“Coming in as a freshman, I didn’t know what to expect,” senior forward and midfielder Ashley Herndon said. “He’s just been helpful throughout the years and he’s great on and off the field. It was exciting to get the game-winning goal for his 400th win, so that was special.”

Despite losing two players to ACL injuries, the team unites to persevere as one.

“The thing I have the most pride in the team with is their grit,” Lombardo said. “We played a very hard schedule, and then we took a couple of injuries. They could have hung their head, but their mentality and their [grit] has been sensational.”

Throughout his career at JMU, Lombardo has accumulated 22 winning seasons and 11 invitations to the NCAA Tournament, his most recent being in 2015. He has won Virginia Coach of the Year three times and the Colonial Athletic Association Tournament Title four times. The Dukes currently sit at 3-6-0 and play the College of William and Mary on September 23 in Williamsburg.

CONTACT T.J. Gouterman at goutertj@dukes.jmu.edu.

“I’ve had good teams and good players. You don’t win games without good teams so I’ve been very lucky to have that aspect of my career.”

Dave Lombardo
JMU Women’s Soccer Head Coach



LAURA VANDEMARK / THE BREEZE

Dukes’ defense not a cause for concern

Despite allowing a season-high 56 points against the University of North Carolina at Chapel Hill, the defense isn’t a major problem



CONNOR WOISARD / THE BREEZE

The Dukes take the field in their opening game against Morehead State University. This season, JMU’s offense has been a strength as it’s averaged 539.7 yards per game. The defense struggled last weekend allowing 635 yards vs. UNC.

By MATT WEYRICH
The Breeze

JMU football suffered its first loss of the season last Saturday, falling to the University of North Carolina at Chapel Hill 56-28. The Tar Heels scored a touchdown in each of their first eight possessions before the Dukes were able to force a punt. It was the most points allowed by JMU since giving up 59 in a loss to the University of Richmond in Week 8 of last season.

“They got some great athletes but we made some mistakes there early that gave them some real cheap ones,” head coach Mike Houston said during the postgame press conference. We “gave them some easy scores that they didn’t have to work for very much and that’s our fault.”

On the day, the Tar Heels accumulated 635 yards of total offense. UNC junior quarterback Mitch Trubisky completed 24-of-27 for 432 yards and three touchdowns. The North Carolina offense worked efficiently all game, holding the ball for more than four minutes in one of its 11 drives of the afternoon.

While there were several problems that the Dukes saw on the defensive side of the ball, they were a result of great plays by UNC rather than mistakes by the Dukes. The secondary was consistently overmatched on deep passes, as the Tar Heels’ wide receivers were

faster than their JMU counterparts. In fact, through its first three games, UNC has five different receivers with six or more receptions that average 13 yards per catch or more. On Saturday, the Tar Heels racked up 462 passing yards against the Dukes.

Up front, the Dukes struggled to put pressure on the quarterback. UNC’s offensive line was much bigger than JMU’s and it was able to hold its ground pretty well.

“We started off strong; we were focused,” redshirt senior cornerback Taylor Reynolds said. “I just think the momentum swings got us a little bit, but you know that’s something that we can bounce back from.”

Moving forward, JMU isn’t going to be facing an offense of UNC’s caliber for the rest of the season. The Tar Heels entered the season ranked No. 22 in the Football Bowl Subdivision. While it may no longer be in the top 25, North Carolina still proved to be a top-tier FBS opponent. Their offense has averaged 470.7 total yards per game so far this season. Against FBS-level competition, that’s nothing to bat an eye at.

“I think something that we’re all going to take away [from this game] is experience,” junior quarterback Bryan Schor said. “I thought there were stretches out there where we saw the team that we can be and I think that in a way that’s exciting for us and I think that’s something that’s special that we can take out of this game.”

When going up against fellow Football Championship Subdivision teams, JMU has the size and speed to match up with any of their opponents. The Colonial Athletic Association is home to six teams currently ranked in the top 25 of the FCS, and there’s no reason to think that the Dukes won’t be able to play competitively with any of them.

The University of Richmond and the College of William & Mary were both ranked ahead of JMU in the preseason polls, but neither offense has been able to keep up with the Dukes so far. JMU has averaged 54.7 points and 539.7 yards per game, while Richmond (28.3 points per game and 439.3 yards per game) and William & Mary (24.3 points per game and 359.3 yards per game) are far behind.

Defensively, Stony Brook University is the only team that’s been more stingy against the run than JMU, conceding 90.7 yards per game. The Dukes only give up 99.0 rushing yards per game, better than the Spiders’ (111.7) and Tribe’s (173.7) marks.

The Dukes will hop on a plane this weekend to take on the University of Maine in what will be their first conference matchup of the season. Kickoff is scheduled for noon on Saturday at the Harold Alford Sports Stadium.

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BREEZE FILE PHOTO

Former JMU forward Nikki Newman prepares to make a pass during her playing days as a Duke.

Former JMU standouts honored by high school

Turner Ashby inducts Kirby Burkholder, Nikki Newman into Hall of Fame

Former JMU women’s basketball players Kirby Burkholder and Nikki Newman were inducted into the Turner Ashby High School Hall of Fame on Saturday.

Newman graduated from Turner Ashby in 2009, while Burkholder graduated in 2010. The two had tremendous success in high school as both players surpassed the 1,000 career point total. Burkholder’s 1,657 career points and 985 rebounds were the most by a Lady Knight when she left the program.

Both players also found success rebounding the basketball as they both recorded over 900 career rebounds.

After productive high school careers, the two made their way to JMU and continued their success on the court as Dukes. Newman won three Colonial Athletic Association titles, while Burkholder won two during her JMU playing days. Both athletes were members of the 2014 team that won an NCAA tournament game over Gonzaga University.

The victory over Gonzaga was the program’s first NCAA tournament win since 1991 when JMU made it all the way to the Sweet 16 after upsetting No. 1 seeded Pennsylvania State University.

Newman ended her JMU career with two CAA Defensive Player of the Year awards and Burkholder graduated as the 2014 CAA Player of the Year. Newman also set the record for games played as a Duke with 147.

Even with numerous accomplishments at the collegiate level the two standout performers were incredibly proud of their selections into the Turner Ashby Hall of Fame.

“It truly is special for me to be inducted into the Hall of Fame at Turner Ashby,” Newman said in a statement on jmusports.com. “There have been some phenomenal athletes and coaches who have been a part of the TA community, and I feel honored to follow in their footsteps.”

-staff report

SATIRICAL NEWS COLUMN

Entire JMU marching band taken into custody after violating noise ordinance



MARK OWEN / THE BREEZE

By **MATT MURPHY**
The Breeze

Crime doesn't pay folks, and certainly not when it's a crime against our tender ears. That's why yesterday, Harrisonburg police took every single Marching Royal Duke into custody after they violated a new, citywide ordinance by playing their instruments loudly. This should come as no surprise as Harrisonburg's police are cracking down on loudness, citing a new regulation that was enacted out of public concerns over excessive noise.

The band was practicing the JMU fight song when droves of officers stormed the field and arrested every last member of the MRDs. Though it's certainly tough to see so many people taken down in such an aggressive manner, it's necessary.

Students flung their trumpets and tubas on the ground as officers handcuffed and escorted hundreds of people to the local police station. Most seemed confused as to what was going on and, honestly, didn't seem to act maliciously. But we know this isn't the case. If the marching band wants to practice their music, then they should drive a couple of hours north where we can't hear them. It sends the wrong message if lawbreakers are allowed to continue their debauchery without consequence.

Now that the band is down in the big house, we can appreciate the peace and quiet for a while. I'm sure most of us wish we could have this kind of serene environment all the time, completely devoid of noise. If you find yourself enjoying the silence anytime soon, you can thank the strict rule-of-law.

CONTACT Matt Murphy at murph4ma@dukes.jmu.edu.

JOANNA MCNEILLY | The Jo Carb Diet



Streaming Suggestions

Amazon Prime

"Transparent" (2014-present)
3 seasons (all available)

Imagine harboring a huge secret that could change the way everyone, even your family, thinks of you. Jeffrey Tambor proves he's worthy of his Emmy as Mort Pfefferman, a father of three adult children in "Transparent." He reveals a secret to his family that he's been keeping since he and his wife, Shelly, split up in 1996. It's present day, and his kids have kids of their own with their own secrets.

"Transparent" is an American comedy series that takes place in Los Angeles and tells the story of a family with a transgender father. Season 3 is just around the corner, premiering on Amazon Prime on September 23, and already so much has happened.

The show's opening sequence is a compilation of home videos from bar and bat mitzvahs from the '60s up until the '90s. This hints at the meaning of the show and the meaning behind Mort's transition from a man to a woman.

Over a messy barbecue meal, Mort finds himself struggling to tell his beloved two daughters and son that he's no longer Mort anymore, but Maura, a transgender woman.

Maura doesn't feel as though she can accept herself without having her family at her side to help her with what she's going through. This part of the show feels authentic because of the emotion Tambor puts into his character, the tears she holds back as she tells the group how proud she is of herself for being able to get through the checkout aisle at Target.

As he tries to get the news out, he notices that his kids are too busy with themselves and don't seem to care about the big change in his

life. When it comes to his children, he can't believe how selfish they are. They're too absorbed in their own lives to stop and think about the drastic change that Mort is making. But, the siblings add humorous elements to the story, ragging on each other and cracking jokes about their situation with their father, calling him "MaPa." They're just like any other family: They constantly get into silly fights, goof off, smoke weed, drink and cry to each other when they need help.

The eldest, Sarah (Amy Landecker), is married with two kids and finds herself falling in love with an old lover.

Josh (Jay Duplass) is the middle child, who falls in love with every girl he meets, getting his heart broken in what he sees as a harsh world.

And finally, there's Ali (Gabby Hoffmann), the youngest who's still finding out who she wants to be.

Throughout the show, we're able to see bits and pieces of the past through flashbacks, showing the desperation and anxiety Maura lived with while living life as a male, and we come to see her happiness in living as her true self.

With a title like "Transparent," you stop to think. Yes, it's a play on words, like trans-parent, but the definition of transparent means being able to see through or easy to understand. Every character is hiding something.

Heartbreaking. Heartwarming. Raw. This series explores the stigma of the LGBT community, not just transgender people. Prepare to feel the harshness of the world as you watch the Pfeffermans grasp a big transition that changes their lives.


DAVID PERRY | letter to the editor

Rock your vote

I was once you. In 1992, I sat in my room in Gifford Hall on a Tuesday night and watched election results come in with my roommate. It was the first presidential election in which I could vote. I was 20. There are more than 31 million Americans just like you today — men and women ages 18-24 who are eligible to vote in November's presidential election. As a group, you've been the deciding factor in the last two presidential elections. You're young, smart, opinionated and vocal. You're the future, and you deserve to be heard. I want to challenge every Duke to do as I did in 1992 and cast a vote in this presidential election. If you're not certain if you're registered to vote, if you don't know how to register or if you want to learn how to cast an absentee ballot, visit rockthevote.com. There are no wasted votes. There are no predetermined outcomes or sure things. And there's surely no place for the apathetic or lazy. There's only you and your vote. Exercise that right, JMU.

David Perry is a 1994 graduate who lives in Roanoke, Va.

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Off-Campus Living

IN THIS ISSUE

RENOVATION NATION

Local apartment complex gives property a face lift (pg. 2)

LIFE WITHOUT WHEELS

Reflections on living off campus without a car (pg. 4)

GREEN AND LEAN

A guide to vegan eating (pg. 7)

Renovations on the rise

To entice potential residents, Sunchase Apartments will upgrade its properties in the coming years



COURTESY OF SUNCHASE APARTMENTS

The renovations at Sunchase include an updated kitchen with new cabinets and countertops, a tile backsplash and new appliances with a plastic finish that resembles stainless steel but is easier for residents to maintain. Laminate flooring will be installed in the common areas.

By **GRACE THOMPSON AND ALYSSA MILLER**
The Breeze

As an increasing number of students decide to live off campus each year, the competition between housing complexes intensifies. In an effort to turn students into tenants, companies like Sunchase are providing more incentives to move in.

This year, Sunchase plans to renovate two apartment buildings by the fall to make their apartments more modern. Current residents of buildings 1924 and 1921 who renew their leases for the 2017-18 school year will have the option for renovations over winter break. All other rooms in the buildings will be updated over summer break, when residents have moved out, according to assistant property manager Sam Hathorn.

Lauren Rhodes, the marketing manager at Sunchase, said that she's excited for the renovations to take place next year and hopes

they will substantially benefit residents.

"There are a lot of new complexes entering the market and we want to stay ahead of the competition," Rhodes said in an email. "Our main reason for starting the renovation process is to give our residents more options."

Sunchase was considering renovations for some time, according to Hathorn, but the decision to finally move forward happened when employees sent out a survey to current residents asking what, if anything, could be improved.

"Last year, especially with places like The Harrison and Northview renovating and working on renovations, everyone was kinda like, 'We like Sunchase, but y'all need to do some stuff in the common areas,'" Hathorn said. "That survey actually helped a lot. It helped push corporate over the top to be like, 'All right ... let's get this done.'"

The renovations will be mainly focused in the kitchen and

bedrooms: A tile backsplash as well as new cabinetry and counters, and stainless steel-look upgrades to all major appliances will be added in the kitchens. The bedrooms will feature new furniture to match the tables and chairs already in the living room, which was upgraded in all apartments last year. A new washer and dryer will also be added to each apartment.

In addition, carpet in the common area will be replaced with plank laminate flooring, which resembles hardwood and is easier to maintain than carpet. Seven apartments in Sunchase received new laminate floors last year, and about a dozen got new floors this year, according to Hathorn.

"We've heard rumors that other places might be making it harder or getting rid of pet-friendliness, so we're kinda going the other route and trying to make it easier to get them to come live here," Hathorn said.

He added that the complex hopes to save residents money on damaged carpet replacement, and save maintenance workers time having to replace stained carpeting when residents move out.

Anna Hornberger, a junior interdisciplinary liberal studies major and resident of Sunchase, said she loves living in such a centrally located apartment. However, she expressed some worry about how loud the plank flooring could be.

"The people who live above me are really noisy ... and I'm pretty sure they have carpet," Hornberger said. "I'm not sure how [the new flooring] would work out. It would be so much louder."

However, Hathorn said nobody in an apartment with new flooring has had a problem with it.

"So far I haven't heard any complaints," Hathorn said. "So, you know, so far so good."

Devon Heavey, a junior communication studies major and resident of Sunchase, said the renovations seemed like a good idea.

"It's a good change, I think," Heavey said. "I think it will bring a lot of people and I would be interested in moving into a new [renovated apartment]."

Although the renovations are currently just to two buildings, Hathorn said Sunchase hopes to renovate all residences on the property before long.

"We'll start it off slow, and then once the word gets out and we figure out the best way to get it done, then we'll start [renovating] a lot heavier," Hathorn said. "Just, you know, get the whole property done."

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Inside the box

Matchbox Realty is largest off-campus student housing management company in Harrisonburg

By **JULIA SMITH**
The Breeze

On the hunt for off-campus housing, students might find a familiar black and red logo on many local residences: Matchbox Realty. Though it doesn't own any of the buildings it runs, the third party management company is the biggest of its kind for student housing off campus in Harrisonburg.

Matchbox manages all off-campus housing units in 12 different complexes and only some units in 16 other complexes, which includes both student and residential housing. One of the most familiar ones is a large property on South Main Street dubbed the "Gingerbread House" by students. Other housing complexes include Madison Square, the Ice House, Duke Gardens, Charleston Townes and Glenside.

"Right now, we manage 960 units," Katie Kidd-Johnson, Matchbox's director of residential management, said. "A unit could be the Gingerbread House or a one bedroom apartment in the city could be one."

Five years ago, Matchbox was part of a different company called Coldwell Banker Commercial Funkhouser Realtors, which had existed in Harrisonburg for about 25 years. When the two partners within the company

parted ways in 2011, Matchbox took on leasing while Funkhouser Real Estate Group took on sales. At the time, Matchbox managed about 740 units.

Owners will hire Matchbox to take care of a property. This includes finding tenants, leasing and caring for current residents.

Some JMU students find their homes among the many housing complexes managed by Matchbox.

"We toured three complexes, and Campus View just felt homey," Katherine Brochu, a senior international affairs major, said. "I like the furniture that they give you. I like how every bedroom has their own bathroom."

On the other hand, some students find it hard to call their apartment "home." Senior computer information systems major Fay Yang reasoned that the rent and location of Madison Gardens was nice, but the apartment complex was small and there weren't enough positives to living there. On top of that, her experience with Matchbox had a rough start.

"When we just moved into Madison Gardens, the air conditioner broke down in the summer in July," Yang said.

Brochu had the same problem in Campus View, but received very different service.

"I was so worried that it would take a couple

Student Housing Complexes Owned by Matchbox Realty

Mountain View Heights

City Exchange

Campbell Court

The Walton

Duke Gardens

Charleston Townes

Campus View Apartments

Urban Exchange

Livery Lofts

Madison Manor

Information from OffCampusHousing.com

ALYSSA MILLER / THE BREEZE

of weeks because they warned us that they were getting a lot of requests at the beginning of the year for various maintenance problems," Brochu said. "Four days later, we had a guy come in and fix it."

At Matchbox, the team of licensed real estate agents continue their education every year in the National Association of Realtors.

"One thing that we really try to do is educate the students, especially on what's expected of them as a tenant as well as what's expected of

us as a management company," Kidd-Johnson said.

Looking forward, Kidd-Johnson hopes that Matchbox will grow further.

"We hope to add communities as they come to Harrisonburg," Kidd-Johnson said. "We just want to continue to provide excellent service to our owners and tenants."

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Problems navigating JMU without a car

Many off-campus residents have struggled with transportation



LAUREN SAMPSON / THE BREEZE

A bus sits parked outside of Godwin Hall. Many off-campus residents rely on the JMU bus system.

By **MATT WEYRICH**
The Breeze

Making the move to an off-campus residence can be one of the most exciting changes to a college student's life throughout their academic career. Between having your own bathroom, getting a full kitchen and not having to worry about the rules enforced by resident advisers, the possible benefits of moving off-campus are pretty enticing to the average college freshman stuck in a dorm.

If you find yourself living off-campus without a car, however, you may run into a few difficulties. Students without access to a car must navigate the Harrisonburg Department of Public Transportation's bus system in order to get to and from campus every day.

"There's only one bus route that goes to my neighborhood," Nick Langkau, a sophomore and Copper Beech resident, said. "If you miss that bus you've got no choice but to sit around and wait for the next one. Not going to lie, it's a little inconvenient."

Relying on the buses to get to class can also have some serious consequences if the driver is running behind. Professors rarely have sympathy for excuses that include, "my bus was late."

While the option is there for students to bike to their classes, it's illegal for them to do so on sidewalks and all the construction

projects across Harrisonburg have made riding on the road a dangerous endeavor. Their presence in construction zones slows down traffic and raises the risk of potential accidents.

"I usually catch a ride to class with my roommate who has a car," Avery Scarbrough, a sophomore and Aspen Heights resident, said. "He gets pretty annoyed having to drive me around everywhere, but he doesn't really have a choice."

Students can get lucky and have a roommate who owns a car, but even then, that can create problems. No one wants to be someone else's chauffeur all the time, setting the stage for potential arguments between roommates.

"Not having a car is probably the hardest part about living off-campus," Jens Byer, a sophomore and Foxhill Townhomes resident, said. "I end up walking everywhere half the time and it takes forever."

Some residences are located fairly close to campus and make for a much easier walk to classes. Most places, however, require a bit of forward planning in order to make it to class on time. Living off-campus may have its perks, but doing so without a car can present a few roadblocks along the way.

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Decorating for dummies

Tips for students in need of design inspiration

By MADDELYNNE PARKER AND CAROLINE JANSEN

The Breeze

The best part about moving into a new place is the never ending possibilities that exist when it comes to decorating. An easy way for students to make their rooms emanate their passions is to use tapestries and posters. Others like to hang string lights or find DIY projects that allow them to use their own creativity to make their space a unique creation.

"Even if you're only in a space for a semester, it's your home," Sara Christensen, a JMU ('08) alumna and owner of The Lady Jane Shop, said.

Christensen opened up The Lady Jane Shop, a vintage home decor store, in 2011. She finds that decorating personal space isn't only important for self-expression, but necessary for dealing with school stress.

"Making it your own space is really important because then after all the craziness of classes and schools, you have a place to go home to that's yours," Christensen said. "Even in your dorm room when you're a freshman on campus."

She also mentioned painting, thrifting and collecting as other great decorating options for students, especially those on a tight budget.

Katelyn West, a sophomore hospitality management major, and her roommates took this challenge and began collecting goodies from thrift stores all summer and directly after move-in.

"Our first weekend here, we went shopping to places like Mercy House and Goodwill to find things like vases, candles and art work," West said.

They stuck to these stores because they're much cheaper than commercial places and sometimes have the best hidden treasures.

"Even if you're only in a space for a semester, it's your home."

Sara Christensen

Owner of The Lady Jane Shop

"In our separate rooms, we have all done artwork and homemade gallery walls," West said. "My favorite thing I made for my room [was] pallette shelves."

West took the excess wood from previous projects and cut, sanded and stained it. This helped make the wood cleaner and brighter, without costing her a fortune.

"They are hanging in my bathroom with vases I collected from different thrift stores all summer," West said.

The roommates have also taken up painting, which allows them complete freedom of expression.

"The largest DIY thing we did was paint a collage of seven canvases with everyone's collected favorite verses or quotes," West said.

This takes up the space of the living room where all the girls live together and was relatively inexpensive.

"The canvases were on sale and we had all the other paint and craft supplies from home," West said.

Unlike West and her roommates, other JMU students enjoy spending money on tapestries and posters because it's the easiest way for them to decorate.

"Each tapestry resonates in me in some way," Lennon McKay, a sophomore psychology major, said. "They're different from posters and lights because I feel like my tapestries can show anyone exactly who I am when they see them."

Whatever one's style or personal taste, finding ways to decorate an apartment has many options for any student, regardless of one's budget. And for some, it's just as important as picking a major.

"I really think that your home is such a reflection of who you are," Christensen said. "And over the years, we collect things that mean something to us or that speak to us for different reasons."

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Plant-based plates

What to buy and eat when you say 'bye' to meat

Jo Trombadore | **The Breeze**

I follow a low-maintenance vegan diet and have lost almost 20 pounds without restricting my calories. Whether you're looking to get healthy, lose weight or just find an easy, quick off-campus meal plan, this blueprint of what I eat in a week is sure to set you in the right direction.

CONTACT Jo Trombadore at
breezecopy@gmail.com.



Monday's meals

Breakfast: Large fruit smoothie

I usually start with a base of a sweet fruit like bananas, dates or mango to make sure to get in enough calories and then add in juice and sometimes greens, oats or chia seeds.

Lunch: Veggie wrap

I like to use lots of greens, tomato, beans and sometimes rice. If you want to add in a little more healthy fat, add some avocado, hummus or raw tahini.

Snack: Fruit

Fruit makes a great snack because it's super nutritious, hydrating and full of fiber. It also contains a lot of natural sugar, so it'll give you an energy boost — you won't even need that afternoon coffee.

Dinner: Brown rice and veggies

I opt for brown rice over white, because brown rice is a whole food, meaning it has more nutrients and fiber. Particularly if you're trying to lose fat or get healthy, whole foods are the way to go.



Taste of Tuesday

Breakfast: Oatmeal topped with fruit

Lunch: Salad

Salad is a great option. I usually add beans and quinoa or rice to make sure it has enough calories to sustain my energy levels. No need to just eat a bowl of leaves.

Snack: Nice cream

Freeze some ripe bananas overnight and then blend with a splash of almond milk in a high speed blender or food processor. Voila! You have nutritious, fat-free, cruelty-free ice cream. You can add some cocoa, strawberries or maple syrup to play with the flavor.

Dinner: Sweet potato and/or golden potato fries

Contrary to the negative view of potatoes that's been perpetuated by the low-carb diet fad, they are a high-fiber, whole food that'll give you energy. I eat whole meals of homemade potato fries. Just cut them into wedges, stick them in the oven at 420 degrees for about 20-30 minutes. No need to add oil or salt. I recommend eating with Annie's Homegrown Organic Ketchup, which is lower in sodium and sugar than regular ketchup.



Everyday eats



- Quinoa

- Instant brown rice

- Golden and/or sweet potatoes

- Tortillas

- Lettuce

- Spinach

- Fruit

- Bananas
- Grapes
- Frozen mangoes (fresh if in season)
- Various frozen fruits

- Orange juice (many are enriched with vitamin D and calcium)

- Oats

- Chia Seeds

- Tahini

- If I'm having a "treat yo'self" moment:

Amy's vegan pizza, Amy's vegan soup, Ben and Jerry's dairy-free ice cream, chia seed kombucha, vegan chocolate pudding (all available at Martin's Food Market).

- If I'm ordering in: Dominos flat-crust veggie pizza without cheese, Great Wok Long Life Vegetarian with brown sauce, Mr. Sato's sweet potato rolls.





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